

*“Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.” Colossians 3:13*

Many of us are shackled and don't even realize it. We are hitched to anger and resentment and we drag this load of unforgiveness around every day, not wanting to let it go. We don't realize, though, that the burden of unforgiveness we carry is detrimental to our lives. Sunday we will examine the positive results of forgiveness. Remember that unhitching unforgiveness is unbelievable!

R.E.A.L. Chat: If you are new to Visalia Naz and would like to find out more about our church we are having an informal meet and greet with the pastors on Sunday, June 27<sup>th</sup> at 9:45 and 11:15 in the coffee shop.

Thailand update:

If you are interested in praying for and following our Thailand Team by daily updates and pictures, take a look at our website [www.visalianaz.org](http://www.visalianaz.org)

God is Good! All the Time!

Pastor Michael